



HORAIRE / OPENING TIMES
10h - 12h / 14h - 19h





Le Spa NUXE est ouvert à tous, tous les jours, de 10h à 12h et de 14h à 19h.

Durant la saison hivernale, l'espace aquatique dédié est celui de l'hôtel Le Kaïla *****.

Il comprend un bassin de nage avec parcours aqua-marin, grotte jacuzzi, geysers, nage à contre-courant, sièges massants, ainsi qu'un espace de repos. Le sauna, le hammam et le bar sont ouverts uniquement de 14h à 19h.

Cet espace est réservé à la clientèle de l'hôtel le Kaïla ***** et aux personnes bénéficiant d'une entrée bien-être hiver (matin ou après-midi).

Durant la saison estivale, l'espace piscine dédié est celui de l'hôtel La Chaudanne ****.

Il comprend un bassin avec sièges hydro-massants et une terrasse solarium. Le sauna ainsi que le hammam sont ouverts uniquement de 14h à 19h.

Cet espace est réservé à la clientèle de l'hôtel la Chaudanne **** et aux personnes bénéficiant d'une entrée bien-être été.



Everyone is welcome at the "Spa Nuxe." We are open 7 days a week from 10am to 12pm and from 2pm to 7pm.

*The five star Le Kaïla ***** Hotel boasts its very own dedicated aquatic treatment area from December to April. A pool with an aquamarine course, a Jacuzzi, water jets, an upstream swimming system, massage chairs, and a relaxation area are all at your full disposal. The sauna, the Turkish bath and the bar are open from 2pm to 7pm. The area is reserved for guests of Le Kaïla ***** hotel and holders of a morning or afternoon "winter wellness pass."*

During the summer season, the four star La Chaudanne Hotel provides the dedicated aquatic area. The facilities you will be able to enjoy are a swimming pool, hydro-massage chairs and a solarium terrace.

The sauna and the Turkish bath are open from 2pm to 7pm.

*This area is reserved for guests of La Chaudanne **** hotel and holders of a "summer wellness pass."*

NUXE

Massages

30 min

PRODIGIOUS MASSAGE® _____ 100€

This relaxing massage focuses on the shoulders, back and neck, for immediate stress release.

CHARISMATIC HEAD MASSAGE® _____ 100€

Thanks to this head massage, you can wave goodbye to negative thoughts through a continuous flow of well-being radiating from your head to the face and shoulders.



45 min

Massages

N U X E

DEEP TISSUE® _____ 150€

For intense well-being, this option alternates between deep massage techniques with gentle and targeted stretching. An ideal solution for increased tonicity, flexibility and to do away with daily stress.

DETOX® _____ 150€

Trough supported and targeted manoeuvres on the meridians, this massage removes toxins which affect your daily form and well-being. Your body is reinvigorated and brimming in energy.



RELAXATION® _____ 150€

Allow yourself to be nurtured by this massage. Slowly, softly, your stress will float away. And a wave of deep relaxation will take over your whole body.

PREGNANCY MASSAGE _____ 150€

Designed to relieve stress for future mothers, this prenatal massage with adapted essential oils offers pregnant women a relaxing burst of well-being.



*Children age 6 à 12
with adult supervision only
Hors protocole NUXE*



ER



NUXE

Massages

1h15

DEEP TISSUE® _____ **220€**

For intense well-being, this option alternates between deep massage techniques with gentle and targeted stretching.

An ideal solution for increased tonicity, flexibility and to do away with daily stress.

AYURVEDIQUE® _____ **220€**

By focusing on areas where stress builds up, this massage stimulates the circulation of energy and uses a Kansu ball on your feet. Experience deep reinvigoration through your whole body.

CALIFORNIEN® _____ **220€**

Through continuous fluid and nurturing movements, increasing in intensity, this massage relieves the deepest stress. Body and mind will regain total and absolute peace.

PREGNANCY MASSAGE _____ **220€**

Designed to relieve stress for future mums, this prenatal massage with adapted essential oils offers pregnant women a relaxing burst of well-being. Ideal to care for the body and enjoy a wonderful moment of relaxation during pregnancy.

1h30

Massages

NUXE

Our signature care

KAILA®

This relaxing massage for face and body is simply ideal after a day in the outdoors. Allow yourself to be carried away by the combination of deep movements and muscle stretches with hot towels and bottles. Feel your body rid itself of fatigue.

260€

HOT STONES

260€

Combining the gentle heat of stones, the well-being of relaxing essential oils to boost circulation, our hot stone massage is one of the most all-round care treatments for immediate relaxation, helping to unwind and boosting blood flow and offering a feeling of peace and relaxation.





NUXE

Facial Care

Opt for this personalised facial care therapy which boosts the luminosity of your skin, using NUXE products which are most suitable to your own needs.

CARE FUNDAMENTAL - 45 min _____ 150€

Manual gestures boost their effectiveness all whilst offering a genuine moment of relaxation. The massage protocol includes a skin diagnostic, make-up removal, exclusive aromatic rub (using flowers, fruits, leaves and fibres), mask and final modelling with Super Serum [10].

EXCEPTIONAL CARE THERAPY - 1h15 _ 220€

The manual gestures and expert accessories boost their effectiveness whilst offering a genuine moment of relaxation. The massage protocol includes a skin diagnostic, make-up removal, exclusive aromatic rub (using flowers, fruits, leaves and fibres), mask and a professional facial formula.

Kaila signature treatments

NUXE

NUXE SPA'S Anti-Ageing excellence embodied in a precious 10-act ritual for a prodigious skin metamorphosis.

KAÏLA FACAL TREATMENT® - 1h30

260€

This high-tech treatment combines exclusive sculpting modelling inspired by Kobido with a technological Micro-Dermabrasion process using diamond crystals. Complemented by electrostimulation, this multi-powered treatment instantly transforms your skin, which glows under the thousands of Microbeads of Plant Oils present in the Super Serum [10], an exceptional anti-ageing concentrate. Your face radiates light, the smoothing effect is spectacular. And while the magic is happening under the fingers of your NUXE SPA expert, let yourself be carried away by the comforting warmth of hot water bottles placed on the back of your neck for a moment that feels like being suspended in time.

ELECTROSTIMULATION TREATMENT - 30min

100€

This treatment combines exclusive sculpting massage inspired by Kobido and a technological process of electrostimulation. Thanks to deep and precise stimulation of the facial muscles, the face is firmed, the oval of the face is as if redrawn, reshaped.



NUXE

Body care

1h15

INSTANT RADIANCE-ENCHANCING BODY CARE - 45 min _____ **150€**

Applied in a rhythmic massage, the «4F» scrub is followed by a hydrating radiance spa treatment. Your skin will instantly feel more supple and smooth.

HONEY DREAM BODY CARE - 1h15 _____ **220€**

After an exfoliating rub, your dry and sensitive skin will enjoy the benefits of our honey dream care and reinvigorating formula.

Nail polish not included.

HAND THERAPY - 1h _____ **180€**

After a subtle exfoliation and the filling and shaping of your nails, your hands will feel rejuvenated.

Nail polish not included.

FOOT THERAPY - 1h _____ **180€**

Your feet deserve every care and attention. Allow us to take the best care of them.

Nail polish not included.



Relaxing getaway

NUXE

PRODIGIOUS GETAWAY* - 1h30 _____ 270€

Fundamental facial care - 45 min
A choice of NUXE Massage® - 45 min
(excluding Deep Massage)

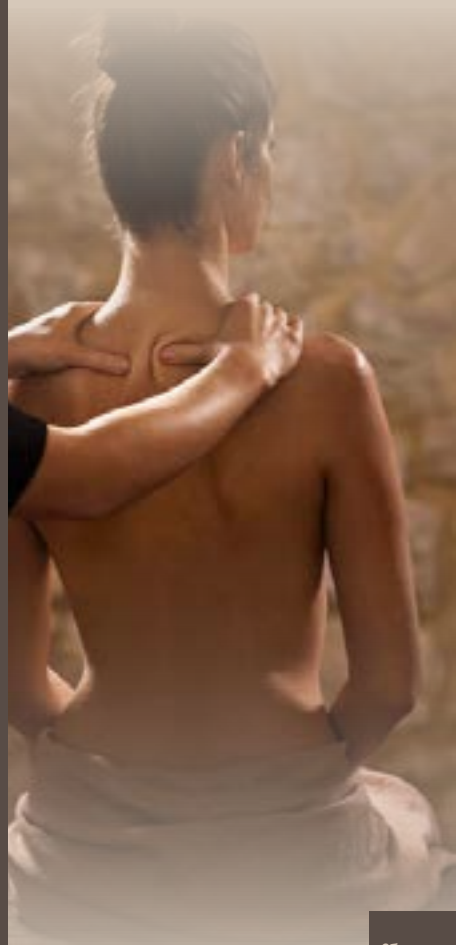
KAÏLA GETAWAY* - 2h00

Exceptional facial care - 60 min
A choice of NUXE Massage® - 60 min
(excluding Deep Massage)

340€

SERENITY GETAWAY* - 2h30 _____ 400€

Exceptional facial care - 1h15
Choice of NUXE Massage® - 1h15 min
(excluding Deep Massage)



FR

*Offre Escapade valide pour une personne uniquement

NUXE

Epilations uniquement le matin Available mornings only

LÈVRE 20€
Upper lip

SOURCILS 25€
Eyebrow

AISELLES OU MAILLOT SIMPLE 30€
Underarm or Bikini

DOS OU TORSSE 60€
Back or Chest

DEMI-JAMBES OU BRAS 45€
Half legs or Arms

JAMBES COMPLÈTES 60€
Full legs

MAILLOT BRÉSILIEN 45€
Brazilian Bikini

MAILLOT INTÉGRAL 60€
Full Bikini

TEINTURE SOURCILS 25€
Eyebrow dye

TEINTURE CILS 25€
Eyelash dye



BOOKING & CANCELLATION:

Payment for all care therapies should be made when making a booking.

Any cancellation of changes to appointment times within 48 hours may not lead to replacement or reimbursement of the treatment booked.

UPON ARRIVAL AT THE SPA:

To make the very most of your Spa experience, we recommend that you arrive at the spa reception at least 15 minutes ahead of your booking. We would kindly draw your attention to the fact that any late arrival will be taken off your booking time so as to respect the subsequent appointment schedule. The indicated time of treatments is the actual treatment time.

CLOAK ROOM:

For your comfort, we provide you with individual lockers in our cloak room. Each locker has a robe, pair of slippers and single-use underwear.

HEALTH:

Please be sure to notify us of your health condition when making a booking (maternity, high blood pressure, asthma, allergies, etc.) This is mandatory to ensure the best service for your own circumstances.

GIFT VOUCHERS:

An unforgettable moment at the Le Kaila Nuxe Spa is an ideal gift, whatever the occasion.

Gift vouchers are available for sale in the spa or online from the Le Kaila *****. Hotel website. They are nominative and may neither be exchanged or reimbursed. The term of validity is indicated on the voucher.

SPA BOUTIQUE:

All Nuxe, 32 Montorgueil and Resultime products are available for sale in our spa.

There is also a wide range of similar products: Villebrequin, etc.



*Order your gift vouchers or book your
treatments directly on our website:*

www.lekaila.com



124 Rue des Jeux Olympiques
73550 MERIBEL
+33 (0)4 79 41 69 34
spa@nuxe-meribel.com
www.lekaila.com